

Counseling Through The Quarantine And Beyond

Now Offering:

- Individual Teletherapy
- Group Teletherapy

Recent Topics:

- Maintaining composure while living under one roof
- Finding your new “normal”
- Adjusting to quarantine living
- Withdrawals due to social distancing
- Schedule adjustments and how to cope
- Managing your child's at home education



Over 20 Years Experience Working With Students With:

- Autism Spectrum Disorder
- Intellectual and Developmental Disabilities
- Oppositional Defiance Disorder
- Emotional Regulation
- Executive Functioning
- Creating Structure
- Processing Anxiety
- Improving Social Skills

To Schedule Your Appointment:

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& ASSOCIATES**